



## PRESENTS A 25 MILE TIME TRIAL

To be held on Sunday 23rd June 2024 at 06.30 am - Course Q25/10

### Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations

**Timekeeper:** Andy McCall, Thanet RC.

#### **Awards**

1st on Scratch	£20	2nd on Scratch	£15
3rd on Scratch	£10		
1st Vet on Age Adjusted Time	£20	2nd Vet on Age Adjusted Time	£15
3rd Vet on Age Adjusted Time	£10		
1st Road Bike	£20	Fastest Female	£20
Team of Three	£10 each		

#### **Event HQ.**

St Nicholas at Wade C of E Primary School, Down Barton Road, St Nicholas-At-Wade, Birchington, CT7 0PY.

**Directions to start from HQ:** Turn left from the HQ and then turn right into The Street. After approximately 100 metres, turn right into Manor Road. At the crossroads at the end of Manor Road, turn right onto the A28 to the start, approximately 500 metres from the crossroads.

#### **Course Details – Q25/10**

**Start** at public bridle way sign on A28, approx 400yards SW of St. Nicholas at Wade sign (TR 264658). Continue along A28 to St. Nicholas RAB turn left onto Thanet Way westbound. Continue to Broomfield interchange, turn left and over bridge to rejoin Thanet Way eastbound. Continue to St. Nicholas RAB where turn left into Potten Street Road. Continue west along Potten Street Road, taking 2<sup>nd</sup> left, turning over the bridge (**Riders are warned to take special care at this junction as you must not cross the white line**) (SP St. Nicholas) and take the first left into Wantsum Way to rejoin Thanet Way westbound. Proceed as on 1<sup>st</sup> circuit to return to St. Nicholas RAB turning left into Potten Street Road as above. Continue west along Potten Street Road, taking 2<sup>nd</sup> left turning over the bridge (SP St. Nicholas) and take the 1<sup>st</sup> left into Wantsum Way to **finish** at centre of 2<sup>nd</sup> drain past the entrance to St. Nicholas Court Farms (TR 262671).

#### **Competitors Notes**

1. Competitors must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
2. In the interest of safety, you must wear recognised protective headgear that meets an internationally accepted safety standard. CTT Regulations state that **ALL** riders **MUST** wear such headgear.
3. **WORKING** front and rear lights, either flashing or constant, **MUST** be fitted to the machine at the start of the event.
4. Parking is not permitted within 25 metres of the start or at the finish.
5. Riders must not warm up on the course after the start.

6. It would be appreciated if riders did not wear shoe plates in the HQ.
7. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
8. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.
9. Riders are required to sign out when returning their number to the HQ.
10. Please ensure that you pin your number on your lower back as per CTT Regulation number 16. If you pin it too high on your back, the timekeeper may miss it and you could be shown as DNF on the result sheet.
11. Please keep the noise to a minimum to avoid unnecessary disturbance to the local residents.
12. Riders risk disqualification if they perform U turns in the start and finish areas or use these areas as a public toilet. Please be aware that traffic approaching the start area from Sarre may be moving fast.
13. Due to the layout of the course, you will pass the timekeeper twice.
14. On passing the finish timekeeper, you will need to stop before rejoining the Thanet Way and turn round in order to return to the HQ. **Please take extreme care when doing this as there may be other riders still competing and other road users to be considered.** To return to the HQ, return past the timekeeper, turn left at the T junction and then right into Down Barton Road after 200 metres.

### **Acknowledgements to Club Sponsors**

GS Invicta	Eye Level Optical, Herberts Cycles
VeloRefined	Velorefined Rule 5
Abellio SFA RT	Abellio
VC Deal	Hammonds of Dover

Thanet RC wishes you a safe and successful ride.

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<b>No.</b>	<b>Start</b>	<b>Name</b>	<b>Club</b>	<b>Machine</b>	<b>Cat</b>
7	06:37:00	Paul Burrows	Thanet RC	RB	Vet
8	06:38:00	Andy MacPherson	VC Deal	TT	Vet
9	06:39:00	Colin Inett	Thanet RC	TT	Vet
10	06:40:00	Martin Kober	Abellio – SFA Racing Team	TT	Vet
11	06:42:00	Simon Henderson	Thanet RC	TT	Vet
12	06:41:00	Tim Kingston	GS Invicta - Eye Level Optical- Herbert Cycles	RB	Vet
13	06:43:00	Michael Stanley	Medway Velo Club	TT	Vet
14	06:44:00	Andy Burrows	Thanet RC	TT	Vet
15	06:45:00	Lee Turner	VeloRefined Rule 5	TT	Vet
16	06:46:00	Mat Lister	Thanet RC	TT	Vet
17	06:47:00	Rod McCool	VC Deal	TT	Vet
18	06:48:00	Dave Richards	Abellio – SFA Racing Team	RB	Vet
19	06:49:00	Malcolm Strickland	CC Bexley	RB	Vet
20	06:50:00	Paul Smith	VeloRefined Rule 5	TT	Vet
21	06:51:00	Gary Grayland	CC Bexley	TT	Vet
22	06:52:00	Andy Robinson	Ashford Wheelers	TT	Vet
23	06:53:00	David Smith	VC de Londres	TT	Vet
24	06:54:00	Eryka Smith	VC Deal	RB	FVet
25	06:55:00	Mark Hill	VeloRefined Rule 5	TT	Vet
26	06:56:00	Anthony Westwood	Gravesend CC	TT	Vet
27	06:57:00	Mark Vowells	San Fairy Ann CC	Tri	Vet
28	06:58:00	Michael Coulter	Gravesend CC	TT	Vet
29	06:29:00	Debbie Percival	Medway Velo Club	TT	Fvet
30	07:00:00	Nic Fennell	Thanet RC	TT	Sen